

## PART IV - COMBINED EVENTS COMPETITIONS

---

### 39. Combined Events Competitions

#### *U18, U20 and Senior Men (Pentathlon and Decathlon)*

39.1 The Pentathlon consists of five events which shall be held on one day in the following order: Long Jump; Javelin Throw; 200m; Discus Throw; 1500m.

39.2 The Men's Decathlon consists of ten events which shall be held on two consecutive 24-hour periods in the following order:

First day: 100m; Long Jump; Shot Put; High Jump; 400m.

Second day: 110m Hurdles; Discus Throw; Pole Vault; Javelin Throw; 1500m.

#### *U20 and Senior Women (Heptathlon and Decathlon)*

39.3 The Heptathlon consists of seven events which shall be held on two consecutive 24-hour periods in the following order:

First day: 100m Hurdles; High Jump; Shot Put; 200m.

Second day: Long Jump; Javelin Throw; 800m.

39.4 The Women's Decathlon consists of ten events which shall be held on two consecutive 24-hour periods in the order of Rule 39.2 or in the following order:

First day: 100m; Discus Throw; Pole Vault; Javelin Throw; 400m.

Second day: 100m Hurdles; Long Jump; Shot Put; High Jump; 1500m.

#### *U18 Women (Heptathlon only)*

39.5 The U18 Women's Heptathlon consists of seven events, which shall be held on two consecutive 24-hour periods in the following order:

First day: 100m Hurdles; High Jump; Shot Put; 200m.

Second day: Long Jump; Javelin Throw; 800m.

#### *General*

39.6 At the discretion of the Combined Events Referee, there shall, whenever possible, be an interval of at least 30 minutes between the time one event ends and the next event begins, for any individual athlete. If possible, the time between the finish of the last event on the first day and the start of the first event on the second day should be at least 10 hours.

The minimum period of 30 minutes is to be calculated as being the actual time between the end of the last race or trial for any athlete in the previous event to the start of the first race or trial in the next event. It is therefore possible and not uncommon for athletes to go directly from the conclusion of one event to the warm-up for the next so that the 30 minutes is in effect taken up by the movement from one site to another and the warm-up. Changes in the number of days over which a Combined Events competition is conducted

are not allowed except for special cases (e.g. exceptional weather conditions). Such decisions are matters for the Technical Delegates and/or Referees in the particular circumstances of each case. However if, for any reason, the competition is held for a longer period than according to Rules 39 or 53 of the Technical Rules then a record in Combined Events (total number of points) cannot be ratified.

**39.7** In each separate event, except the last, of a Combined Events competition, the heats and groups shall be arranged by the Technical Delegate(s) or Combined Events Referee, as applicable, so that the athletes with similar performances in each individual event during a predetermined period, shall be placed in the same heat or group. Preferably five or more, and never less than three, athletes shall be placed in each heat or group. When this cannot be achieved because of the timetable of events, the heats or groups for the next event should be arranged as and when athletes become available from the previous event.

In the last event of a Combined Events competition, the heats should be arranged so that the last one contains the leading athletes after the penultimate event.

The Technical Delegate(s) or the Combined Events Referee shall have the authority to rearrange any group if, in their opinion, it is desirable.

**39.8** The Rules for each event constituting the competition will apply with the following exceptions:

**39.8.1** in the Long Jump and each of the throwing events, each athlete shall be allowed three trials only.

**39.8.2** in case a Fully Automatic Timing and Photo Finish System is not available, each athlete's time shall be taken by three Timekeepers independently.

**39.8.3** in the Track Events, only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Any athlete(s) responsible for further false starts in the race shall be disqualified by the Starter (see also Rule 16.9 of the Technical Rules).

**39.8.4** in the Vertical Jumps, each increase of the bar shall be uniform throughout the competition: 3cm in the High Jump and 10cm in the Pole Vault.

**39.8.5** starting positions / lanes for last event of a Combined Events competition may be determined by the Technical Delegate(s) or the Combined Events Referee as they deem desirable. In the 200m and 400m events, after ranking the athletes according to Rule 20.3.1 of the Technical Rules, the lanes shall be drawn in accordance with Rule 20.4.4 and 20.4.5 of the Technical Rules, respectively. In all other events, they shall be drawn by lot.

**39.9** Only one system of timing may be applied throughout each individual event. However, for Record purposes, times obtained from a Fully Automatic Timing and Photo Finish system shall be applied regardless of whether such times are available for other athletes in the event.

Two systems of timekeeping are recognised for this purpose – those set out in Rules 19.1.1 and 19.1.2 of the Technical Rules.

If for example there is a malfunction of Photo Finish being used for some but not all of the heats it will be impossible to compare directly the points scores in the two systems for the same time - one by Hand Time and the other automatic.

Since under Rule 39.9 of the Technical Rules, only one system of timing may be applied throughout any single event in a competition, in such a case all athletes would have their points determined based on their manual times using the specific manual times table.

To be clear, if in other events all athletes have Photo Finish times, the electronic times table can be used for those events.

**39.10** Any athlete failing to attempt to start or make a trial in one of the events shall not be allowed to take part in the subsequent events but shall be considered to have abandoned the competition. They shall not, therefore, figure in the final classification.

Any athlete deciding to withdraw from a Combined Events competition shall immediately inform the Combined Events Referee of their decision.

**39.11** The scores, according to the current Combined Events Scoring Tables, shall be announced, separate for each event and as a cumulative total, to all athletes after the completion of each event.

The athletes shall be placed in order according to the total number of points obtained.

The same Scoring Tables are used for each event even if for the younger age groups the specifications for the hurdles or throwing implements differ from those used for senior competition.

The score for any performance in either a Track Event or a Field Event can be found in the appropriate table. In many events, not all possible times or distances are listed in the table. In such cases, the score for the nearest lesser performance shall be used.

Example: For the women's Javelin Throw there is no points score shown for a distance of 45.82m. The nearer shorter distance listed in the table is 45.78m for which there is a score of 779 points.

**39.12** When it is decided to use the Gundersen (or similar) Method for the start of the last event of a Combined Events competition, the relevant competition regulations should specify any particular rules that should be applied and the method by which the races should be started and conducted.

**39.13** If two or more athletes achieve an equal number of points for any place in the competition, it shall be determined as a tie.